

You are invited to attend the free one-day event Acute Respiratory Distress Syndrome & Critical Illness Recovery **Patient Education Day**

Tuesday, November 12, 2019 | Mayo Clinic Hospital, Methodist Campus

201 W. Center St., Rochester, MN 55902

Meeting Room: Jester Hall (Eisenberg Building, Subway Level, Room 75)

Parking Location: Damon Patient Parking Ramp or Graham Patient Parking Ramp.

Parking charge \$12. (Parking charge assistance may be available, upon request.)



About

This event is co-sponsored by the American Thoracic Society (ATS), the ARDS Foundation, and the Mayo Clinic ICU Recovery Program. This patient education day will be held in conjunction with the “ARDS Week at the ATS” program—an educational activity designed to foster communications between clinicians, patients and patient advocates on lung and airway disorders such as ARDS.

This event is free and open to patients and their families as well as the interested public. A light breakfast and complimentary lunch will be provided.

If you would like to attend the event, please RSVP to Courtney White at cwhite@thoracic.org no later than Fri, Nov 8, 2019. When responding use subject line: November 12th Mayo Education Event

Program

7:30–8:00AM	Registration and Breakfast
8:00–8:15AM	Welcome from the American Thoracic Society (Mr. Courtney L. White, CAE) Welcome from the Mayo Clinic (Michael E. Wilson, MD) Welcome from the ARDS Foundation (Eileen Rubin, JD)
Session Topic – ARDS Overview	
8:15–8:35AM	ARDS: Causes and Prevention (Ognjen Gajic MD, MS)
8:35–8:55AM	ARDS: Treatment and Recovery (Philippe R. Bauer, MD, PhD)
Session Topic – ICU Experience	
8:55–9:15AM	Rehabilitation in the ICU (Patrick J. Cornelius PT, DPT, CCS)
9:15–9:35AM	Psychological Support in the ICU (Lioudmila V. Karnatovskaia, MD)
9:35–9:55AM	Humanizing the ICU Experience (Sumera R. Ahmad, MBBS/Michael Wilson, MD)
9:55–10:10AM	Break
10:10–10:30AM	Family Support in the ICU (Philippe R. Bauer, MD, PhD)
Session Topic – ICU Recovery	
10:30–11:30AM	Post-ICU Syndrome and ICU Recovery (Annie Johnson APRN, CNP/ Shannon L. Piche, PharmD, RPh/ Emily A. Schmitt, OT/Patrick J. Cornelius PT, DPT, CCS Alejandro A. Rabinstein, MD/ Michael E. Wilson MD)
11:30–11:50AM	Functional Recovery after Critical Illness (Michelle Biehl, MD, MS)
11:50–12:10PM	From Patient to Patient-Engagement (Eileen Rubin, JD)
12:10–1:00PM	Lunch
1:00PM	Meeting Adjourns

Speakers

Michael E. Wilson MD, ICU Physician, Assistant Professor of Medicine, Mayo Clinic
Ognjen Gajic MD, MS, ICU Physician, Professor of Medicine, Mayo Clinic
Philippe R. Bauer, MD, PhD, ICU Physician, Associate Professor of Medicine, Mayo Clinic
Patrick J. Cornelius PT, DPT, CCS, Physical Therapist, Instructor of Physical Therapy, Mayo Clinic
Emily A. Schmitt, OT, Occupational Therapist, Mayo Clinic
Lioudmila V. Karnatovskaia MD, ICU Physician, Assistant Professor of Medicine, Mayo Clinic
Annie Johnson APRN, CNP, ICU Nurse Practitioner, Instructor in Surgery, Mayo Clinic
Shannon L. Piche, PharmD, RPh, ICU Pharmacist, Mayo Clinic
Alejandro A. Rabinstein MD, ICU Physician and Neurologist, Professor of Neurology, Mayo Clinic
Michelle Biehl, MD, MS, ICU Physician, Cleveland Clinic
Eileen Rubin, JD, President, ARDS Foundation